

Approved”

**Dainis Ritums**

*Member of the Board of Cycling  
sports club “RSK Tandēms”*

## **REGULATIONS**

### **INTERNATIONAL SPRING CYCLING RACE “DOBELES KAUSS 2024” AND FIRST STAGE OF YOUTH BALTIC CUP OF CYLING**

#### **Task and aim of competition.**

- To develop and popularize cycling in Latvia, Dobele and Baltic states;
- To establish friendly relations with sports departments of Latvia and other Baltic countries;
- To determine the best riders in Latvia and Baltics.

#### **The organizers.**

- Latvian Cycling Federation (herein after: LCF ), cycling sports club “Tandems”, Town council of Dobele, District council of Dobele;
- The race taking place in accordance to the UCI (Union Cycliste Internationale) regulations;
- The race is officiated by sports club “Tandems” and LCF confirmed judges)

#### **Place and time.**

The race takes place in Apgulde, Kroņauce from 13th till 14th of April, 2024.

- Arrival day is 12th of April
- Start of Individual time trial on 13th of April at 11.00 a.m. – distance 5;10 km, Apgulde
- Start of road race on 14th of April at 10.00 a.m. – road race, 24;32;56;80 km, Kroņauce (1 lap 8km)

### 1. Participants of the race.

Group	Birth years	Distance ITT	Distance road race
Men/ women – U10	2015. - 2014. Allowed max. gears 6,40m	5km	-
Men/ women – U12	2013. – 2012. Allowed max. gears 6,40m	5km	-
Men/ women – U14	2011. – 2010. Allowed max. gears 6,40m	10km	32km/24km
Youth/ Youth women – U16	2009. – 2008. Allowed max. gears 7,70m	10km	56km/24km
Juniors/Junior women – U18	2007. - 2006.	10km	80km/56km
U23, Elite - OPEN M	2005. and older	10km	80km
EliteW ,U23W ,CFAW- OPEN W	2005. and older	10km	56km
Cycling for all	CFA 2005.– 1990.	10km	80km
Master	V1 1989. – 1985.	10km	80km
	V2 1984. – 1980.	10km	80km
	V3 1979. – 1975.	10km	80km
	V4 1974. – 1970.	10km	80km
	V5 1969. – 1965.	10km	80km
	V6 1964. – 1960.	10km	80km
	V7 1959. and older	10km	32km

### 2. **PARTICIPATION FEE**

Group	Participation fee
U10, U12	For free
U14, U16	15 EUR for both days or 10 EUR per one race day
U18	25 EUR for both days or 15 EUR per one race day
OPEN W, OPEN M, CFA, V1-V6	30 EUR for both days or 20 EUR per one race day
V7	For free

#### **Registration for the road race 14.04. Participation fee 30EUR**

Participation fee can be paid by bank transfer or at race centre when receiving participant race number

### 3. **RACE PROGRAMME**

**Saturday, April 13<sup>th</sup> 2024**

Individual time trial, start and finish in Apgulde

11:00 am: U10; M/W	5 km (Latvian cup)
11:30 am: U12; M/W	5 km (Latvian cup)
12:00 am: U14; M/W; V7	10 km (Latvian cup 2 <sup>nd</sup> category)
13.00 pm: U16;U18; Elite; U23; CFA; W	10 km (Baltic, Latvian cup 2 <sup>nd</sup> category)
13:45 pm: U16; U18	10 km (Baltic, Latvian cup)
15:00 pm: CFA; V 1-6; Elite; U23	10 km (Baltic, Latvian cup 2 <sup>nd</sup> category)

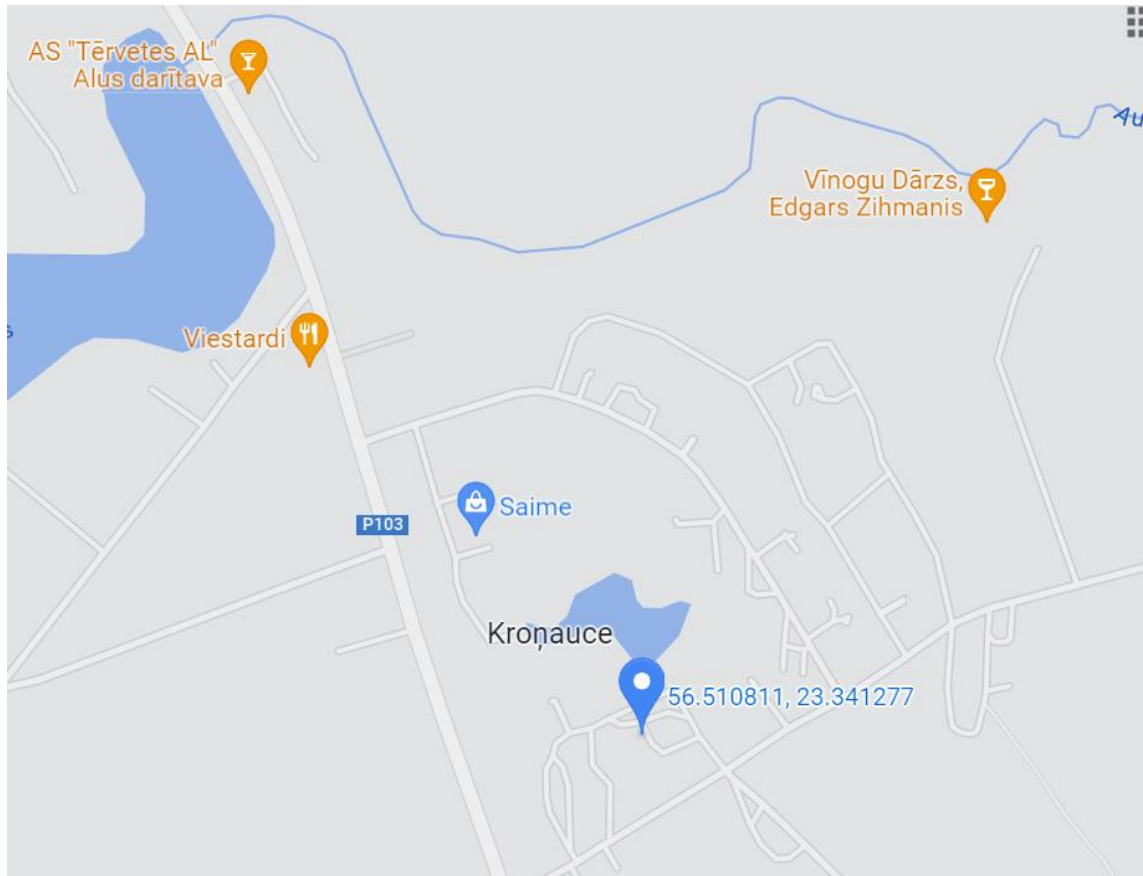


**Registration for the Individual time trial on the race day, 13<sup>th</sup> of April, will not be accepted**  
The start times are subject to change depending on the amount of registered participants.

***Sunday, 14<sup>th</sup> of April 2024***

Road race with start and finish in Kronauce,  
besides A/S „Tērvete” administrative office.

10:00 am: U14W; U16W	24 km (Baltic, Latvian cup)
11:00 am: U14, V7	32 km (Latvian cup 3 <sup>rd</sup> category)
12:00 am: U18W; EliteW; U23W,CFAW	56 km (Baltic, Latvian cup 1 <sup>st</sup> category)
13:30 pm: U16	56 km (Baltic, Latvian cup)
15:00 pm: U18; CFA; V 1-6, Elite/U23	80 km (Latvian cup 1 <sup>st</sup> category)



#### 4. RACE RESULTS.

- a. Each group is evaluated individually. The first to reach the finish line in each group or setting the fastest time in distance is declared the winner.
- b. Participant who are lapped during road race, are withdrawn from the race.

#### 5. ACCOMODATION COSTS OF PARTICIPANTS.

- a. Any accommodation costs **will not** be covered by the organisers of the competition.

#### 6. PRIZES

- a. 1<sup>st</sup> to 3<sup>rd</sup> place winners of the race in each age group are awarded with individual prizes from race sponsors.

#### 7. REGISTRATION FOR COMPETITION

- a. It's mandatory to register before the race, which can be done through [bulta.lv/dobele](http://bulta.lv/dobele)
- b. Registration for the race end on 11<sup>th</sup> of April, 23:00.

## 8. ADDITIONAL INFORMATION

- a. Meeting of the teams' delegation on 13<sup>th</sup> of April at 10.00 a.m. in Start center in Apgulde
- b. Meeting of the teams' delegation on 14<sup>th</sup> of April takes place 15 minutes before each group road race start.
- c. Information about race organisers:

Cycling sports club „Tandēms”, e-mail - [ritumsdainis@inbox.lv](mailto:ritumsdainis@inbox.lv)

Chief organisator of the competition: Dainis Ritums, mob.phone. +37129275833,  
e-mail: [ritumsdainis@inbox.lv](mailto:ritumsdainis@inbox.lv).

Please contact Dainis Ritums, in case of additional information or any questions related to the competition based on the credent