



# BALTIC ROAD CHAMPIONSHIPS 2022 ROADBOOK/ TEHNICAL GUIDE

### 1. Event Management

Baltic Road Championships '22 are organized by Latvian Cycling federation in collaboration with "Goldingen Cycling club", Lithuanian and Estonian Cycling federations.

Race director	Armands Bēcis	+371 26157929	armands@lrf.lv
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Representative of Kuldiga municipality	Agris Kimbors	+371 29471416	agris.kimbors@kuldiga.lv
President of the Commissaire's Panel	Vladislavs Sokolovs	+371 29402789	sokolovs.vladislavs@gmail.com
Race secretary	Māris Ozoliņš	+37122003310	maaris.ozolins@gmail.com
Latvian Cycling Federation	Toms Markss	+371 262 55435	toms@lrf.lv
representative			
Lithuanian Cycling Federation	Antanas Taučius	+370 68787033	a.taucius@gmail.com
representative			
Estonian Cyclists Union' representative	Urmas Karlson	+372 502 4403	<u>ejl@ejl.ee</u>

#### 2. Accomodation

Boutique Hotel Virkas muiža Virkas iela 27, Kuldīga hotel@virkasmuiza.lv virkasmuiza.lv

Other accommodation in Estonian and Lithuanian: https://visitkuldiga.com/naktsmiers/viesnicas/

### 3. Medical services

Medical assistance is provided at the start and finish site of the competition. During the competition the ambulance serving the event will drive behind the cars accompanying the peloton.

Nearest hospital is Kuldiga hospital (Aizputes 22, Kuldiga).

# 4. Programme

19.06.2022. U23 men Road race (Latvian, Lithuanian and Estonian national championships) Location: Priedaine, Kuldigas novads

09:00-11:00 Confirmation of riders. Issuing competition numbers.

11:00 Team managers meeting at Priedaine.

12:00 Start MU23

Distance - 127 km:

15:30 Award ceremony

24.06.2022. Friday coffee-ride			
	Team managers meeting via Zoom.us for 25.06 and 26.06 road races.		
17:00 – 20:00	Confirmation of riders and numbers distribuiton for Saturday and Sunday road races		
	(Piltenes 25, Kuldiga).		
10.00	Cofoo side topicing (distance 40 los) Start from Kulding site account. Coth saint from 47:30		
18:00	<b>Cofee ride training</b> (distance 40 km). Start from Kuldiga city square. Gathering from 17:30 (Pilsētas laukums 4, Kuldiga)		
	(Filsetas laukums 4, Kuluiga)		
25.06.2022. SA	ATURDAY Road races I day (Latvian, Lithuanian and Estonian national championships)		
7:00 – 8:30	Confirmation of riders		
7:00 – 18:00	Issuing competition numbers for road races		
9:30	Start M masters 50 – 64		
	Distance – 70 km (includes 1 Snepele lap +3 Kuldiga laps)		
10:00	Start amateurs 19-34/ M Sports, M masters 30-49		
40.00	Distance – 105 km (includes 1 Aizpute lap + 1 Kuldiga lap).		
12:30	Award ceremony (M masters 50 – 64, amateurs 19-34/ M Sports, M masters 30-49)		
13:00	Start W16		
	Distance – 48 km (include 1 Snepele lap).		
13:30	Start M16		
	Distance – 70 km (include 1 Snepele lap + 3 Kuldiga laps).		
15:50	Award ceremony (W16, M16)		
16:00	Start MJ		
	Distance – 110 km (include 2 Snepeles laps + 3 Kuldiga laps).		
16:10	Start Master 65+		
10.00	Distance – 30 km (4 Kuldīga laps)		
19:00	Award ceremony (MJ, Master 65+)		
26.06.2022. SI	UNDAY Road races II day (Latvian, Lithuanian and Estonian national championships)		
8:00 - 14:00	Confirmation of riders. Issuing competition numbers for road races		
10:00	Start WE, WU, WJ, W Sport/amateurs 19-34, W masters 30-59		
10.00	Distance – 100 km (include 2 Snepeles laps + 2 Kuldiga laps).		
	(		
13:00	Start ME		
	Distance – 164 km (include 2 Snepeles laps + 8 Kuldiga laps)		
13:10	Award ceremony (WE, WU, WJ, W Sport/amateurs 19-34, W masters 30-59)		
17:00	Award ceremony (ME)		

# 5. Organization

Baltic Road Championships '22 is organized according to UCI Cycling Regulations on 19<sup>th</sup> of June and from 25th to 26th June 2022 and includes Estonian, Latvian and Lithuanian national road race championships (UCI CN).

## 6. Participation

Baltic Road Championships '22 are open to Latvian, Lithuanian and Estonian cyclists who own UCI licence.

Age category	Age	Birth year
M/W16	15-16	20062007.
M/WJ	17-18	20042005.
M/WU	19-22	2000-2003
M/WE	23 and older	1999 and earlier
EST M/W sport	19-29	19932003.
LAT M/W amatieri	19-34	19882003.
EST M/W masters 1	30-39	19831992.
LAT M/W masters 1	35-39	19831987.
LTU M/W masters	30-75+	-1992.
EST M/W masters 2	40-49	19731982.
LAT M/W masters 2	40-44	19781982.
LTU M/W masters 2	40-49	19731982.
LAT M/W masters 3	45-49	19731977.
EST M/W masters 3	50-54	19671972.
LAT M/W masters 4		
LTU M/W masters 3		
EST M/W masters 4	55-59	19631967.
LAT M/W masters 5		
LTU M/W masters 4		
EST M masters 5	60-64	19581962.
LAT M masters 6		
LTU M masters 5		
EST M masters 6	65-69	19531957
LAT M masters 7		
LTU M masters 6		
EST M masters 7	70-74	19481952.
LAT M masters 8		
LTU M masters 7		
EST M masters 8	75+	1947. un vecāki
LAT M masters 9		
LTU M masters 8		

According to UCI regulations point 1.2.028 Men Under 23 riders can participate in the separate Men Under 23 race on June 19 and on the Men Elite race on June 26. On Men Elite race they will race for the Men Elite champion title.

### 7. Registration

For registration, please contact your respective federation:

Latvian Cycling Federation
Lithuanian Cycling Federation
Estonian Cyclists Union
Lithuanian Cyclists Union
Lithuanian Cyclists Union
Lithuanian Cycling Federation

https://iseteenindus.ejl.ee/et/registreeru

Registration opens on Thursday May 27 and ends for MU riders on June 15 24.00 and all other categories on Wednesday June 22 at 24:00.

# 8. Participation fee

Participation fee must be paid at registration. Only those participants who have paid the participation fee before June 22 24:00 will be included in the list of participants.

Age category	Participation fee
M/W16; M/WJ; M/WU; M/WE	0€
M/W sport/amateurs and masters	20€

### 9. UCI ranking

The ranking of the competitors will be determined on the basis of the time taken to complete the race. In age categories WE and ME UCI points are awarded in accordance with the UCI regulations articles 2.10.008 and 2.10.017.

#### 10. Race center

One June 19 the competition centre is located in Priedaine, Kuldigas novads.

On June 25 and 26 The competition center is located in Kuldiga City Square from 08:00 - 18:30. Address: Pilsētas laukums 1, Kuldiga.

#### 11. Confirmation of starters and team managers meeting

Licenses will be checked at the secretariat on the basis of pre-registration.

For the Men Under 23 race the final confirmation of the starters and distribution of competition materials will take place on June 19 at 9:00 - 11:00 in the competition center. Meeting of team managers with the participation of the competition director and the members of the Commissaires Panel will take place on Priedaine, Kuldigas novads.

For all other categories the final confirmation of the starters and distribution of competition materials will take place on 24 June (Piltenes 25, Kuldiga) 17.00-20.00, on 25 June at 7.00-18.00 and 26 June at 8:00 - 14:00 in the competition center.

### 12. Neutral technical support

The organizers will provide neutral technical assistance for road races.

For June 19 Road race The drawing lots for team cars will be held at the end of the team managers meeting 19.06., 11:00.

For the June 25 and 26 Road Races the maximum number of team cars in the convoy is 15 per race. For each country there are 5 car places per race. Every federation will present combined team cars to organizing federation (federacija@lrf.lv) by 22.06.21 16:00.

The drawing lots for team cars will be held at the end of the team managers meeting 24.06., 10:00 using https://www.random.org/lists/ randomizer.

The order of team cars in the race will be determined as follows:

- 1. In between combined list of team cars presented to the organizing federation.
- 2. If the number on cars per race is less than 15 and team managers present at the team managers meeting wish candidate for the free places a second order will determined in between these teams.

The driver of the escort car must have a valid UCI license.

Competition information is transmitted by Radio Tour transmitters on the frequency approved for LRF.

### 13. Official prize ceremony

The winner of the race will be named Baltic champion and will be awarded with a prize from competition partners. The second and third place winners will be awarded with a prize from competition partners.

Official awards ceremony must be attended by all athletes who have won prizes in their age category. Athletes who do not appear for the award will lose their right to the prizes and may be fined in accordance with the UCI regulations.

Riders must take part in the prize ceremony wearing their race clothing. The prize ceremony must not be attended with a hat, headband, glasses or other face-covering accessories.

ME		WE/WU/WJ/W amateurs/W masters	
I place	1 000 €	I place	1 000 €
II place	600 €	II place	600 €
III place	400 €	III place	400 €

MJ	
I place	500 €
II place	300 €
III place	200 €

# National Medals per country:

	ESTONIA	LATVIA	LITHUANIA
ROAD RACE	W/M16	W/M16	W/M16
	W/MJ	W/MJ	W/MJ
	W/MU	W/MU	W/MU
	W/ME	W/ME	W/ME
	W/M Sport	W/M amateurs	W/M amateurs
	W/M masters (all age	W/M masters (all age	W/M masters (all age
	categories)	categories	categories

# 14. Finishing time limits

Any rider finishing in a time exceeding that of the winner by more than 8% shall not be placed. Any rider getting lapped by the leader will be eliminated.

### 15. Penalities

The UCI penalty scale is the only one applicable.

# 16. Anti-Doping

The UCI Anti-doping regulations are entirely applicable to the event.

## 17. Other Information

Information about the competition is available in the website: Irf.lv.